

**Select Rehabilitation Partners with Spiro100 to Provide On-Demand and Live Streaming Access to Senior-Friendly State of the Art Wellness Programming  
Glenview, IL. (May 20, 2021)**

Select Rehabilitation (“Select”) today announced a strategic partnership with Spiro100, web and app creator for video streaming fitness and wellness classes for older adults, featuring over 120 full-length exercise and meditation sessions. Select is the nation’s largest provider of on-site therapy services, serving more than 2,300 CCRCs, senior living communities, post-acute skilled nursing facilities, schools, and home health locations in 43 states.

Select’s commitment to clinical excellence, quality care provision, outstanding customer service and proprietary technology solutions have earned the company a strong reputation in the industry. To further its commitment to healthy living and innovation, Select Rehabilitation is offering Spiro100’s SpiroPro with unlimited Add In-Room Access for group engagement or individual classes in the home as part of its wellness offerings.

In addition to bringing Spiro100 fitness into the common areas of Senior Living Communities, virtual wellness can be provided in resident rooms or apartments. Communities can now provide residents and prospective residents access to wellness in the comfort of their own home.

Select Rehabilitation is the nation’s largest provider of on-site therapy services employing 17,000 therapists delivering a range of clinical services at more than 2,300 communities located in 43 states. Established in 1998, the founder-operated company’s innovative approach to delivering exceptional clinical outcomes, state-of-the-art technology, healthy living through wellness and a resident centered care model is leading the way throughout Senior Living. Learn more at [www.selectrehab.com](http://www.selectrehab.com).

Spiro100 is the nation’s leading web- based fitness provider for older adults, serving over 600 senior living communities across the US. Their mission is to improve the quality of life for older adults and their caregivers by offering state of the art, senior-safe exercise and meditation programming, while changing the cultural beliefs around aging. They have partnered with the world's leading experts to curate more than 120 outcome based chair-assisted and standing exercise programs, which address the greatest needs in senior wellbeing from fall reduction to memory care engagement. For more information, visit <https://spiro100.com>

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